

S.P.A.R.K at H.O.M.E

SPARK behavior is something we can focus on at home, too! This week, as a way for us to stay connected as a Jackson School Family, we are asking that you become a SPARK Spy in your own home. We have created a SPARK at HOME note.

SPARK at HOME



_____ created a SPARK today by
being Helpful Optimistic Mindful Empathetic

From _____

As you know, SPARK stands for the school values that we say each morning in our Plainville Pledge.

Safe and secure, Positive and productive, And Respectful and responsible, Kind and courteous

We added some values that we thought might be helpful at home during these times.

Helpful, Optimistic, Mindful, Empathetic

<i>Helpful</i> - doing something to help another family member.	<i>Optimistic</i> - Having a good attitude and looking at the good in a situation.	<i>Mindful</i> -being aware of your words, actions and feelings and making changes if necessary.	<i>Empathy</i> - Considering and caring about the feelings of others.
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So be a SPARK Spy at HOME (Everyone in your family can be a SPARK Spy!)

1. Print out the SPARK at HOME notes or make your own!
2. Make someone in your family smile by noticing these positive behaviors in others.
3. Share them with Mrs. Skeffington or your teachers by sending a picture, email, or message about what you noticed. **We will read some of them each week on the Plainville FB page!**
4. Option: Use the log sheet (you can type right into it) to record them as well and then send that in to celebrate!

Can't wait to hear and see all of the good things happening at home!